



2 HELL AND BACK

32 temps - 2murs

Choregraphe : Rob Fowler et Kate Sala

Niveau : debutants

Musique : If you're going through hell / Rodney Atkins

Intro : 40 temps

RIGHT SIDE ROCK, CROSS SHUFFLE, SIDE & 1/4 TURN RIGHT, CROSS SHUFFLE

- 1-2 ROCK STEP LATERAL D
- 3&4 CROSS SHUFFLE D/G
- 5-6 STEP TURN 1/4 TR à D
- 7&8 CROSS SHUFFLE G/D

RIGHT SIDE ROCK, CROSS SHUFFLE, SIDE 1/4 TURN RIGHT, CROSS SHUFFLE

- 1-à 8 REPETER LES 8 TEMPS PRECEDENTS

TOUCH RIGHT SIDE, TOUCH LEFT HEEL FORWARD, RIGHT KICK AND COASTER, STEP FORWARD, TOUCH STEP BACK

- 1&2 TOUCH POINTE LATERALE D - ASSEMBLER - TAP TALON AV G
- &3 ASSEMBLER - KICK D
- 4&5 COASTER STEP D
- 6-7-8 STEP AV G - TOUCH POINTE D - STEP ARRIERE D

LEFT SHUFFLE BACK, RIGHT COASTER STEP, WALK CLAP WALK CLAP, LEFT SIDE ROCK CROSS

- 1&2 SHUFFLE ARRIERE G
- 3&4 COASTER STEP D
- 5&6& STEP AVANT G - CLAP - STEP AVANT D - CLAP
- 7&8 STEP LATERAL G - ASSEMBLER - CROSS G/D

REPRENDRE AU DEBUT
