



# CAUGHT IN THE ACT

64 temps- 4 murs

Choregraphe : Ann Wood

Niveau : Intermédiaire

Musiques: Who's Been Sleeping In My Bed - Glenn Frey - intro 16+16 temps

It Don't Get Better Than This - Rodney Crowel - intro 32 tempsl

## **RIGHT KICK BALL CROSS TWICE, ROCK, ROCK SAILOR STEP**

1&2 KICK D - ASSEMBLER - CROSS G/D  
3&4 KICK D - ASSEMBLER - CROSS G/D  
5-6 ROCK STEP LATERAL D  
7&8 SAILOR STEP D

## **LEFT KICK BALL CROSS TWICE, ROCK, ROCK SAILOR TURN ¼**

1&2 KICK G - ASSEMBLER - CROSS D/G  
3&4 KICK G - ASSEMBLER - CROSS D/G  
5-6 ROCK STEP LATERAL G  
7&8 SAILOR STEP G 1/4TR à G

## **ROCK, ROCK, RIGHT COASTER STEP, ROCK, ROCK TRIPLE TURN ½ TO LEFT**

1-2 ROCK STEP AVANT D  
3&4 COASTER STEP D  
5-6 ROCK STEP AVANT G  
7&8 TRIPLE STEP 1/2TR à G

## **SYNCOPATED FORWARD ROCK STEPS, BACK LEFT SHUFFLE, ROCK STEP**

1-2-&3-4 ROCK STEP AVANT D - ASSEMBLER - ROCK STEP AVANT G  
5&6 SHUFFLE ARRIERE G  
7-8 ROCK STEP ARRIERE D

## **RIGHT AND LEFT TOUCH HOLDS, RIGHT & LEFT HEEL SWITCHES, STEP FORWARD, ¼ PIVOT TURN LEFT**

1-2-&3-4 TOUCH POINTE LATERALE D - HOLD - ASSEMBLER - TOUCH POINTE LATERALE G - HOLD  
&5&6 ASSEMBLER - TOUCH TALON D DEVANT- ASSEMBLER - TOUCH TALON G DEVANT  
&7-8 ASSEMBLER - STEP TURN 1/4TR à G

## **CROSS SHUFFLE, HINGE TURN TO RIGHT, CROSS ROCK, SIDE SHUFFLE**

1&2 CROSS SHUFFLE LATERAL à G (D/G)  
3-4 STEP ARRIERE G 1/4TR à D - ASSEMBLER D 1/4TR à D  
5-6 CROSS ROCK STEP G/D  
7&8 SHUFFLE LATERAL G

## **CROSS TOUCH, SLOW HEEL, JACKS**

1-2 STEP CROISE D/G - TOUCH POINTE ARRIERE G  
&3-4 ASSEMBLER - TOUCH TALON DIAGONALE AVANT D - HOLD  
&5-6 ASSEMBLER - STEP CROISE G/D - HOLD  
&7-8 ASSEMBLER - TOUCH TALON DIAGONALE AVANT D - HOLD

## **CROSS, TURN ¼ RIGHT, COASTER STEP, WALK, WALK, SHUFFLE**

&1-2 ASSEMBLER - STEP CROISE D/G - 1/4TR à D (APPUI ARRIERE G)  
3&4 COASTER STEP D  
5-6 STEPS AVANT G - D (on peut faire un tour complet sur G-D)  
7&8 SHUFFLE AVANT G

## **REPRENDRE AU DEBUT**

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