



GOOD DAY TO RUN

32 temps -2murs

Choregraphe : Benny Ray

Niveau : Debutant

Musique : A good day to run / Darryl Worley

4 X DIAGONAL STEP TOUCH

- 1-2 STEP DIAGONALE AVANT D - TOUCH G
- 3-4 STEP DIAGONALE ARRIERE G - TOUCH D
- 5-6 STEP DIAGONALE ARRIERE D - TOUCH G
- 7-8 STEP DIAGONALE AVANT G - TOUCH D

R STEP, LOCK, STEP, SCUFF, L STEP, LOCK STEP, SCUFF

- 1-2-3-4 STEP D LOCK STEP - SCUFF G
- 5-6-7-8 STEP G LOCK STEP - SCUFF D

STEP, ½ TURN, STEP, HOLD, TRIPLE FULL TURN R

- 1-2-3-4 STEP TURN 1/2TR à G - STEP D - HOLD
- 5-6-7-8 TRIPLE STEP TOUR COMPLET à D - HOLD

RUN FORWARD, TOUCH, RUN BACK, TOUCH

- 1-4 3 STEP AVANT D-G-D - TOUCH G
- 5-8 3 STEP ARRIERE G-D-G - TOUCH D

REPRENDRE AU DEBUT
