



MAMA DON'T ALLOW

32 temps -4 murs

Choregraphe : Monique

Niveau : débutant

Musique : Mama don't allow - Jives Aces

Intro : 24 temps

WALK, WALK, WALK, KICK & CLAP, BACK, BACK, TOUCH BACK

1-4 3 STEPS AV D-G-D - KICK G+CLAP
5-8 3 STEPS AR G-D-G - TOUCH POINTE AR D

HEEL, TOE, FORWARDSHUFFLE,HEEL, TOE, FORWARDSHUFFLE,

1-2 TOUCH TALO N AV D - TOUCH POINTE AR D
3&4 SHUFFLE AV
5-6 TOUCH TALO N AV G - TOUCH POINTE AR G
7&8 SHUFFLE AV

STEPJUMPRIGHTPAUSE,STEPJUMPFORWARDPAUSE,STEPJUMPLEFTPAUSE,STEP JUMP¼RIGHTBACKPAUSE

&1-2 JUMP LATERAL D - ASSEMBLER G - HOLD
&3-4 JUMP AV D - ASSEMBLER G - HOLD
&5-6 JUMP LATERAL G - ASSEMBLER D - HOLD
&7-8 JUMP AR G 1/4TR à D - ASSEMBLER D - HOLD

FULLTURNRIGHT,TOUCH&CLAP,FULLTURNLEFT,TOUCH&CLAP

1-2-3-4 FULL TURN LATERAL à D - TOUCH G + CLAP
5-6-7-8 FULL TURN LATERAL à G - TOUCH D + CLAP

REPRENDRE AU DEBUT
