



ROCK AROUND THE CLOCK

48 temps - 4 murs

Niveau : débutant

Musique : Rock around the clock - Bille Haley & the comets

RIGHT, TOGETHER, RIGHT, HOLD, CROSS, STEP WIDE, ACROSS, HOLD

1.2. 3 POINTE LATERAL D - TOUCH POINTE D - POINTE LATERALE D
4 HOLD
5.6.7 CROSS D derrière G - ASSEMBLER G - CROISER D / G
8 HOLD

LEFT, TOGETHER, LEFT, HOLD, CROSS, STEP WIDE, ACROSS, HOLD

1.2. 3 POINTE LATERALE G - TOUCH POINTE G - POINTE LATERALE G
4 HOLD
5.6.7 CROISER G derrière D - ASSEMBLER D - CROISER G / D
8 HOLD

FORWARD ROCK STEP RIGHT, BACK, HOLD, LOCK STEP BACK, HOLD

1.2 ROCK STEP AVANT D -
3.4 STEP ARRIERE D - HOLD
5.6.7 LOCK STEP ARRIERE G
8 HOLD

BACK ROCK STEP RIGHT, FORWARD, HOLD, LOCK STEP FORWARD, HOLD

1.2 ROCK STEP ARRIERE D
3.4 STEP AVANT D - HOLD
5.6.7 LOCK STEP AVANT G
8 HOLD

RIGHT TOE, HEEL, ACROSS, HOLD, LEFT TOE, HEEL, ACROSS, HOLD

1.2 TOUCH POINTE D GENOU IN- TOUCH TALON D GENOU OUT
3.4 CROSS D/G - HOLD
1.2 TOUCH POINTE G GENOU IN- TOUCH TALON G GENOU OUT
3.4 CROSS G/D - HOLD

RIGHT BACK, TOGETHER, FORWARD, HOLD, 3/4 TURN LEFT, HOLD

1.2.3 LOW COASTER STEP D
4 HOLD
5.6.7 CROSS D/G dérouler 3/4 TR G
8 HOLD

REPRENDRE AU DEBUT
